

California Park & Recreation Society, District 2
Recreation, Park and Leisure

2015 Hall of Honor

Regional Treasure Category

EPPIE'S GREAT RACE

In Recognition of the "World's Oldest Triathlon"

In 1974, Eppie Johnson had a great idea and the first Eppie's Great Race was held in June of that year.

With this event, the "World's Oldest Triathlon" was born and has continued for 41 consecutive years. The first year began with a modest 153 participants. The race has matured to be a signature event for not just the Sacramento region, but all of California, attracting over 5,000 participants, volunteers, and spectators annually. The race not only attracts many people to enjoy the beautiful American River Parkway while training and getting healthy, but it has raised over \$1 million for Therapeutic Recreation Services, a program of Sacramento Regional Parks, providing recreation opportunities for people with physical and mental disabilities.



Partners

County of Sacramento Department of Regional Parks
Therapeutic Recreation Services Eppie's Great Race Foundation
Eppie's Great Race Committee